PSYCHOLOGY (PSYC)

PSYC 100. Human Relations In Organizations
Credits: 3
Typically Offered: FASPSU
This course is an exploration of interpersonal relationships in and out of any occupational environment. Focus is predominately on practical applications and communication of psychology in interpersonal relationships in various social environments (e.g. friendships, romantic partnerships, teams/groups, work). The students will be equipped to apply the knowledge, skills, and awareness gained (e.g. biases, privilege, stereotypes, discrimination) to themselves and others in professional and personal interpersonal interactions.

PSYC 105. Relationships and Self-Esteem
Credits: 2
Typically Offered: FASPSU
This course discusses career options, financial budgeting, interpersonal communication, family relations, and parenting skills. Emphasis is on self-esteem and motivational techniques to achieve personal goals.

PSYC 111. Introduction to Psychology
Credits: 3
Typically Offered: FASPSU
Psychology provides a rich, interdisciplinary understanding of the study of mental life, experience, and behavior. Students are introduced to the field of psychology by focusing on individual and social behavior, as well as the physiological and neurological processes underlying them. Topics frequently covered in this survey course include research methods, biological bases of behavior, sensation, perception, learning, memory, motivation, emotion, personality, stress, social psychology, psychological disorders and treatments.

PSYC 112. Foundations of Psychology
Credits: 3
Corequisite: PSYC 111.
Typically Offered: SPRINGEVEN
Designed for psychology majors and addiction studies majors, this course will emphasize the tools necessary to advance in these fields.

PSYC 207. Introduction to Sports and Performance Psychology
Credits: 3
Typically Offered: SPRINGODD
This course will provide practical knowledge to improve personal performance and the performance of others. It examines topics of performance including inner drive factors such as motivation and goals, mental and emotional skill development such as focus and imagery, and interactive skills such as coaching and teamwork.

PSYC 211. Introduction to Behavior Modification
Credits: 3
Typically Offered: SPRINGEVEN
Introduction to the theory, research, and practice of behavior modification. Emphasis on basic learning principles and procedures for acquiring, maintaining and changing human behavior.

PSYC 230. Educational Psychology
Credits: 3
Prerequisite: PSYC 111, PSYC 211, PSYC 250 or PSYC 252 recommended.
Typically Offered: SUMMIDD
The application of psychology principles of development; perception and learning; and motivation to contemporary educational problems, classroom management, planning and effective teaching, student testing and evaluation, and parent-home issues.

PSYC 242. Research Methods
Credits: 3
Prerequisite: MATH 210.
Typically Offered: SPRING
This course provides an overview of foundational research theories and protocols. Students will develop skills concerning the scientific method through exposure to research methodologies (qualitative methods, quantitative methods, and mixed methods) and research writing. This course contributes to foundational skills, knowledge and awareness of research practices.

PSYC 250. Developmental Psychology
Credits: 3
Prerequisite: PSYC 111 recommended.
Typically Offered: FASPSU
A study of human development through the life-span with an emphasis on physical, cognitive, social, emotional and personality development.
PSYC 252. Child Psychology
Credits: 3
Prerequisite: PSYC 111 recommended.
Typically Offered: SPRING
Overview of theories of human development from conception through childhood including physical, cognitive, language, social, and self help skills in family, school, and community settings.

PSYC 253. Adolescent Psychology
Credits: 3
Prerequisite: PSYC 111 recommended.
Typically Offered: SPRING
This course introduces adolescent psychology through a multidisciplinary approach (i.e. psychology, biology, history, sociology, education, and anthropology). It includes the integration of research by providing a foundation into understanding the various developmental changes and transitions adolescents undergo: physical, social, emotional, and cognitive development.

PSYC 261. Psychology of Adjustment
Credits: 3
Typically Offered: FALLEVEN
This course will present psychological research about improving adjustment and overall quality of life. It covers prominent theories in major areas of psychology and discusses their relevance to one’s life. In this course students discuss strategies for improving coping skills, handling stress, building self-esteem, enhancing interpersonal communication, and understanding relationships. Workplace issues, human sexuality, mental health, and physical health are also covered. The desired outcome is for students to use his knowledge to take charge of their own lives, effectively adjusting to an ever-changing world.

PSYC 270. Abnormal Psychology
Credits: 3
Prerequisite: PSYC 111 recommended.
Typically Offered: FALLSPR
A study of psychopathology, comparison to functional normal behavior, and related issues. This course examines the current clinical and experimental findings and theories regarding the etiology, symptoms, and treatment of these important and sometimes devastating disorders.

PSYC 276. Social Psychology
Credits: 3
Prerequisite: PSYC 111.
Typically Offered: FALLODD
An interdisciplinary approach to the study of individual behavior in its social context: how people influence and are influenced by others around them.

PSYC 280. Education of Exceptional Learners
Credits: 3
Prerequisite: PSYC 111.
Typically Offered: SUMMEVEN
This course introduces elementary and secondary education students to learners served under an IEP in school systems. Characteristics and special needs of learners in each of the major categories are addressed. Collaboration models for working with Special Education teachers are presented. Provisions of PL 94-142 and later amendments are discussed. Students will investigate and select adaptations and modifications for the various exceptionalities in an inclusive classroom and will observe inclusive classrooms.