

PHYSICAL EDUCATION

Associate in Arts

Note: Courses listed on degree plan are suggested. Students should consult with their advisor concerning their unique transfer decisions.

Total Degree Credits		62-63
Course	Title	Credits
1st Year		
Arts & Humanities		
Select one of the following pairs:		6
HIST 101 & HIST 102	Western Civilization I and Western Civilization II	
HIST 103 & HIST 104	United States to 1877 and United States Since 1877	
Written Communications		
ENGL 110	College Composition I	3
Select one of the following:		3
ENGL 120	College Composition II	
ENGL 125	Introduction to Professional Writing	
Oral Communications		
COMM 110	Fundamentals of Public Speaking	3
Electives		
HPER 208	Introduction to Physical Education	2
HPER 210	First Aid, CPR and AED	1
Enrichment		
Enrichment Course Matrix		2
Math, Science & Technology		
BIOL 150	General Biology I	3
BIOL 150L	General Biology I Lab	1
BIOL 151	General Biology II	3
BIOL 151L	General Biology II Lab	1
Physical Education Activity & Skills Courses		
Select six credits from the suggested physical education activity & skill courses below		6
		Credits
		34
2nd Year		
Arts & Humanities		
ART 210	Art History I	3
Electives		
HPER 207	Prevention and Care of Injuries	2
HPER 217	Personal and Community Health	3
Math, Science & Technology		
MATH 103	College Algebra (or higher, except MATH 137)	3-4
Physical Education Activity & Skills Courses		
Select eight credits from the suggested physical education activity & skill courses below		8
Social & Behavioral Sciences		
PSYC 111	Introduction to Psychology	3
General Education Matrix (Social & Behavioral Sciences courses)		3
General Education Matrix (Social & Behavioral Sciences courses)		3
		Credits
		28-29
Total Credits		62-63

Suggested Physical Education Activity & Skills Courses

HPER 100	Concepts of Fitness and Wellness	2
HPER 101	Activity: Introductory Level	1
HPER 115	Introduction to Coaching	3
HPER 202	Activity: Intermediate Level	1

Students planning a teaching career should register for Introduction to Education (EDUC 250 - 2 credits) and Pre-Professional Experience (EDUC 298 - 1 credit) during their sophomore year.

College Degree Requirements

General Education & Diversity Matrix Requirements