

MILITARY SCIENCE (MS)

MS 101. Foundations of Leadership

Credits: 2

Typically Offered: FALL

MS 101 introduces the student to the personal challenges and competencies that are critical for effective leadership. The student will learn how the personal development of life skills such as goal setting, time management, physical fitness, and stress management relate to leadership, officership, and the army profession. The focus is on developing basic knowledge and comprehension of army leadership dimensions, attributes, and core leader competencies while gaining a big picture understanding of the ROTC program, its purpose in the army and its advantages for the student. Students will participate in events such as the combat water survival test, joint field training exercise with UND, NDSU, leadership workshops, and paint ball.

MS 102. Basic Leadership

Credits: 2

Typically Offered: SPRING

MS 102 overview leadership fundamentals such as setting direction, problem-solving, listening, presenting briefs, providing feedback and using effective writing skills. Students will explore dimensions of leadership attributes and core leader competencies in the context of practical, hands-on, and interactive exercises. Students will participate in events such as the combat water survival test, joint field training exercise with UND, NDSU, leadership workshops, and paint ball.

MS 110. Military Physical Fitness

Credits: 2

Repeat Status: Repeatable up to 4.00 credits.

Typically Offered: FALLSPR

Introduces the student to the challenges in planning and leading physical fitness programs. The class will be held at the BSC Aquatic and Wellness Center. In this course you will develop an individual fitness program and be required to follow it throughout the semester. Students participating in this course will learn about physical fitness, nutrition, and goal setting. This course gives students the tools to live a healthy and well balanced lifestyle.

MS 201. Leadership Studies

Credits: 2

Typically Offered: FALL

MS 201 explores the dimensions of creative and tactical leadership strategies and styles by examining team dynamics and two historical leadership theories that form the basic of the Army leadership framework. Aspects of personal motivation and team building are practiced planning, executing and assessing team exercises. The focus continues to build on developing knowledge of the leadership attributes and core leader competencies through the understanding of Army rank, structure, and duties as well as broadening knowledge of land navigation and squad tactics. Case studies will provide a tangible context for learning the Soldier's Creed and Warrior Ethos as they apply in the contemporary operating environment. Students will participate in events such as the combat water survival test, joint field training exercise with UND, NDSU, leadership workshops, and paint ball.

MS 202. Leadership and Teamwork

Credits: 2

Typically Offered: SPRING

MS 202 examines the challenges of leading tactical teams in the complex contemporary operating environment (COE). This course highlights dimensions of terrain analysis, patrolling, and operation orders. Further study of the theoretical basis of the Army Leadership Requirements Model explores the dynamics of adaptive leadership in the context of military operations. This course is designed to provide a smooth transition into the ROTC upper division courses offered at UND, NDSU. Students develop greater self awareness as they assess their own leadership styles and practice communication and team-building skills. COE case studies give insight into the importance and practice of teamwork and tactics in real-world scenarios. Students will participate in events such as the combat water survival test, joint field training exercise with UND, NDSU, leadership workshops, and paint ball.