

INTEGRATED BEHAVIORAL SCIENCES

Overview

Degrees Offered: AAS

Program Begins: Fall, Spring, Summer

Delivery Method: Online, On Campus

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Description

This degree prepares students for careers in the behavioral health field by providing a strong foundation in psychology, sociology, social work, and human services. This interdisciplinary program integrates knowledge from behavioral sciences to equip students with the skills needed to support individuals and communities facing mental health, substance use, and social challenges.

Preparation

Students should have an interest in human and social services, psychology, counseling, nursing, or other health or human service-related areas.

Requirements

Students who complete the requirements will earn an Associates of Applied Science in Integrated Behavioral Sciences.

Career Opportunities

The AAS in Integrated Behavioral Sciences provides the knowledge, skills, and abilities to work in a variety of human service careers. Upon completion of the program, graduates will be ready to enter the workforce in entry-level roles such as behavioral health technicians, case managers, peer support specialists, or community health workers. Additionally, the AAS degree provides a strong academic foundation for those who wish to continue their education in a Bachelor of Applied Science (BAS) in Behavioral Health or related field. Market research identifies a growing interest in behavioral health, psychology, and human services, driven by increased public awareness of mental health issues and the importance of psychological and human services in various sectors, such as healthcare, education, corporate, and social services. Behavior health-related occupations are projected to grow in response to the demand for mental health support, workplace wellness, and educational counseling, with roles for psychologists, counselors, education, human resources, and social workers seeing consistent growth.

Degree Plans

- Integrated Behavioral Sciences Associate in Applied Science

Program Learning Outcomes

Upon graduation, Integrated Behavioral Sciences students will be able to:

- Understand key behavioral health concepts, including trends, theories, and best practices.
- Perform screenings, assessments, and treatment planning with consideration of cultural and social factors.
- Effectively analyze, evaluate, and conduct behavioral health research.
- Adhere to ethical and professional standards, including confidentiality and cultural sensitivity.
- Communicate clearly and effectively with clients, families, and healthcare teams.