

# SPORT AND FITNESS PEDAGOGY

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## Program Description

A Program Certificate in Sport and Fitness Pedagogy provides students with enhanced knowledge and skills to coach, instruct, and lead in the sport and fitness industry. In addition, students will gain direct field experience through co-op/internship opportunities. This certificate is designed for students looking for immediate employment as a coach, official, personal trainer, lifeguard, or water safety instructor.

This certificate can be bundled with other certificates toward an Associate in Applied Science (AAS) degree in Exercise and Sports Studies. Additional certificate options within the AAS degree plan include: Exercise Science, Sport Entrepreneurship, Sport and Fitness Management, Sport and Fitness Technology, and Clinical Exercise Science.

## Preparation

Students might consider high school courses in biology, anatomy, physical education, sociology, psychology, and computers to assist them in college study. However, these courses are not mandatory for success.

## Program Requirements

Students who complete the curriculum requirements receive a Program Certificate in Sport and Fitness Pedagogy. The courses within the certificate lead directly into the Associate in Applied Science degree in Exercise and Sports Studies.

## Career Opportunities

The future professional workforce of the sports and exercise industry is evolving as digital technology advances. This not only creates skill gaps of current workforce but also creates new job opportunities as these traditional jobs have been transformed. Career opportunities exist as sports official, water safety instructor, high school coach, lifeguard, personal trainer, or group fitness instructor.

## Contact

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## Degree Plans

- Sport and Fitness Pedagogy Program Certificate