

SPORT AND FITNESS TECHNOLOGY

Program Certificate

Total Degree Credits 16

Prescribed Technical Program Requirements

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| CIS 105 | Microcomputer Spreadsheets | 3 |
| HPER 104 | Exploration in Sport and Fitness Technology | 3 |
| HPER 197 | Cooperative Education/Internship (Sport and Fitness Technology) | 1 |
| HPER 226 | Video Technology Use in Sport and Fitness | 3 |
| HPER 228 | Performance Enhancement in Sport and Fitness | 3 |
| HPER 230 | Wellness Technology Use in Sport and Fitness | 3 |
| Total Credits | | 16 |

College Degree Requirements