

PHYSICAL EDUCATION

New enrollments into this transfer option are restricted as of Fall 2023. Please contact an academic advisor about alternative options.

Associate in Arts Checklist

- Complete a minimum of 60 total degree credits.
- Fulfill the College Degree Requirements in conjunction with this degree plan.
- View the General Education Matrix for a complete list of qualifying courses.
- Consult with an Academic Advisor and the intended institution being transferred to.
- **Note:** Courses listed on the degree plan are suggested and may vary dependent on the situation.

Degree Plan

General Education

Written Communications

ENGL 110	College Composition I	3
ENGL 120	College Composition II	3
Credits Subtotal		6

Oral Communications

COMM 110	Fundamentals of Public Speaking	3
Credits Subtotal		3

Arts & Humanities

General Education Matrix (Arts & Humanities)		3
General Education Matrix (Arts & Humanities)		3
General Education Matrix (Arts & Humanities)		3
Credits Subtotal		9

Social & Behavioral Sciences

General Education Matrix (Social & Behavioral Sciences)		3
General Education Matrix (Social & Behavioral Sciences)		3
General Education Matrix (Social & Behavioral Sciences)		3
Credits Subtotal		9

Math, Science, & Technology

MATH 103	College Algebra (or higher, except MATH 137)	3-4
General Education Matrix (Science with Lab)		4
General Education Matrix (Science with Lab)		4
Credits Subtotal		11-12

General Education Total Credits		38-39
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Enrichment

Select 2 enrichment credits from the Enrichment Course Matrix. A course listed as general education and enrichment may satisfy both requirements upon successful completion.

Enrichment Course Matrix		2
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Diversity

Select 3 diversity credits from the General Education & Diversity Matrix. A course listed as general education and diversity may satisfy both requirements upon successful completion.

General Education & Diversity Matrix		3
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Digital Literacy

Select one of the following:

CSCI 101	Introduction to Computers ¹
CIS 147	Principles of Information Security ¹
BSC Approved Training Course	
NDUS Institution Approved Training Course	
NDUS Institution Designated Digital Literacy Course	

Electives

Transfer Electives

Be sure to check with your anticipated transfer school in making your selections.

HPER 100	Concepts of Fitness and Wellness	2
HPER 101	Activity: Introductory Level	1
HPER 115	Introduction to Coaching	3
HPER 207	Prevention and Care of Injuries	2
HPER 208	Introduction to Physical Education	2
HPER 210	First Aid and CPR	1
HPER 212	Introduction to Self Defense	1
HPER 217	Personal and Community Health	3
HPER 298	Coaching Practicum	1

Any course dependent on your transfer situation.

Footnotes

1

CSCI 101, CIS 147 or courses transferred in from another NDUS Institution that are listed as both general education and digital literacy may satisfy both requirements upon successful completion.

Students planning a teaching career should register for Introduction to Education (EDUC 250 - 2 credits) and Pre-Professional Experience (EDUC 298 - 1 credit) during their sophomore year.